White. 1615.

A new Almanac and

Prognostication, for the yeare of our Lord God. 1615.

Being the third from Leape-yeare.

Composed for the Meridian of the

most famous Citie of London, and will serue generally for the Monarchie of Great Britaine.

By Iohn White well-willer to the Mathematicks.

God said, Let there be lights in the Firmament of the Heauen, to separate the day from the night, & let them be for signes & for seasons, & for dates, & yeares, &c. Genesis 1. 14.

LONDON,

Printed for the Company of Stationers.

According to the

Old Account.		Forraine Accompt.
1	The Golden number	1
28	The Cicle of the Sunne	28
11	The Epact	1
13	The Romane Indiction	13
	The Dominicall letter	
19 of Febru.		1 of March
22 of Febru.	Ashwednesday	4 of March
9 of Aprill		19 of Aprill
14 of May	Rogation sunday	24 of May
18 of May	Ascension day	28 of May
28 of May		7 of June
3 of Decemb.	Advent sunday	29 of Novemb.

Take { Vomits, Glisters, Gargarismes, Preparatives, Stop rewmes & Fluxes, Purge by veesing, } The Moone or Signe in { ♉, ♏, ♑, ♈, ♎, ♒, ♋, ♈, ♊, ♎, ♒, ♉, ♍, ♑, ♋, ♌, ♍. }

Let blood ye Sanguine from the new Moon to the first quarter.
The Cholericke from the first quarter to the full.
The Flegmaticke from the new Moone to the last quarter.
The Melancholicke from the last quarter to the new Moone.

It is dangerous to let blood in the heat of Sommer, or cold of Winter, and when the Moone is in that Signe which gouerneth that part of the body you would let blood; likewise within two daies of the change, or full of the Moone, it is not to be done without very vrgent cause, as the Apoplexie, Suinancy, or such violent maladies.

begins Ianu. 23. and ends Feb. 13.
and hath foure returnes.

Octab. Hillar.
Quind. Hillar.
Craſt. Purifi.
Octab. Purifi.

begins 26. Aprill, and ends May 22.
and hath fiue returnes.

Quind. paſc.
Tres paſch.
Menſ. paſch.
Quinq; paſch.
Craſt. aſcen.

begins 9. Iune, and endes Iune 28.
and hath foure returnes.

Craſt. Trin.
Octab. Trin.
Quind. Trin.
Tres Trinita.

begins 9. of Octob. & ends Nouẽ. 28.
and hath eight returnes.

Octab. Mich.
Quind Mich.
Tres Micha.
Menſ. Mich.
Craſt. anim.
Craſt. Mart.
Octab. Mart.
Quind. Mart

Note, that the Exchequer openeth 8. dayes before any Terme beginneth, except Trinity Terme, and then it openeth but 4. dayes before.

THE ANATOMIE OF MANS bodie, as the parts thereof are gouerned by the Moones passage through the 12. Signes of the Zodiacke.

Aries — Head and face.

Taurus — Nethe and throat.

Gemini — Armes and houlders.

Cancer — Breast, stomacke and ribs.

Leo — Heart and backe.

Virgo — bowels and belly.

Libra — Reines and loines.

Scorpio — Secret members.

Sagittarius — Thighs.

Capricorn. — Knees.

Aquarius — Legges.

Pisces — The feet.

The fiery Ram, doth rule the head and face,
In nethe and throat, the Bull doth challenge place:
The apple Twins, doe rule both armes and hands,
The breast, and stomach, Cancer the commaunds:
The lusty Lyon hath the backe, and heart,
Bowels, and belly, is the Virgins part:
In loynes and Raynes, is Libraes liberties,
The Scorpion rules the stones, and priuities:
The Thighes, and hanches, doth the Archer claime,
And Capricorne doe put the knees to paine
Aquaries, makes the Legs, much aches feele,
And Pisces, rules the Ancles, feet, and heele.

Warme Meats, and Cloathes this month are good;
Take heed of Bathes, and letting Blood.

[illegible] day, Sun riseth at 8. & 4. min. Sets at 3. & 56. min.
[illegible] day, Sun riseth at 7. & 40. min. Sets at 4. & 20. min.

i	a	New yea. day	Gem.	13		11	e
ii	b	Oct. of Step.	gemi.	25		12	f
iii	c	Oct. of John	Canc.	7		13	g
iiii	d	Oct. of Juno	canc.	19	● Full moon	14	a
v	e	Edward depo	Leo.	1	the 5. day at	15	b
vi	f	[illegible] day	leo	13	11. of the	16	c
vii	g	Felix & Janu	leo	26	clocke at night	17	d
viii	g	Lucian priest	Virg.	8		18	e
ix	b	Joice vir.	virg.	21		19	f
x	c	[illegible]	Libr.	4	☽ Last quar-	20	g
xi	d	Linus Mart.	libr.	17	ter the 12. day	21	a
xii	e	Archadius M	Scor.	1	3. quarters	22	b
xiii	f	Hillary bish.	scor.	15	past 1. of the	23	c
xiiii	g	Felix priest.	scor.	29	clocke in the	24	d
xv	a	Maurice.	Sagi.	13	after noone.	25	e
xvi	b	Marcellus.	sagi.	28		26	f
xvii	c	Anthony.	Capr.	13		27	g
xviii	d	Prisca vir.	capr.	27		28	a
xix	e	Wolstan bish	Aqua.	13	● New	29	b
xx	f	Fab. & Seb	aqua.	27	moone the 19	30	c
xxi	g	Agnes vir	Pisce.	11	day a quarter	31	d
xxii	a	Vincent mart	pisces	24	after 5. of the	1	e
xxiii	b	Term begins	Aries.	8	clocke in the	2	f
xxiiii	c	Timothy.	aries.	20	morning.	3	g
xxv	d	Conu. Paul.	Taur.	3		4	a
xxvi	e	Policarp bish	taur.	15	First quar-	5	b
xxvii	f	Agnes the se.	taur.	27	ter the 26. day	6	c
xxviii	g	Valerius bish	Gem.	9	a quarter be-	7	d
xxix	a	Theodore pri.	gem.	21	fore 3. of the	8	e
xxx	b	Batilda, Quee	Canc.	3	clocke after	9	f
xxxi	c	Saturnine.	canc.	15	noone.	10	

Milke, Hearbs, and Fenniſh fowle denie;
Purge not, nor vſe Phlebotomie.

1. day, Sunn riſeth at 7. & 17. min. ſets at 4. & 43. min.
16. day, Sunn riſeth at 6. & 3. min. ſets at 5. & 14. min.

i	d	Vrigei	canc. 27		11	g
ii	e		Leo. 9		12	a
iii	f	Blaſe biſhop	leo. 22	☽ Full Moon	13	b
iiii	g	Gilbert biſh.	Virg. 5	the 3. day halfe	14	c
v	a	Agatha virg.	virg. 18	an hower after	15	d
vi	b	Veda. & Amb	Libr. 1	4. of the clocke	16	e
vii	c	Angle biſh.	libr. 14	at night.	17	f
viii	d	Paul biſhop	libr. 28		18	g
ix	e		Scor. 12		19	a
x	f	Scolaſtica.	ſcor. 26	☽ Laſt quar-	20	b
xi	g	Sotheris bi.	Sag. 10	ter the 10. day	21	c
xii	a	Eulalie.	ſagi. 25	neere 10. of the	22	d
xiii	b		Capr. 8	clock at night.	23	e
xiiii	c	Valentine.	capr. 23		24	f
xv	d	Fauſtin & Ja	Aqua. 7		25	g
xvi	e	Julian virg.	aqua. 21		26	a
xvii	f	Polichron b.	Piſc. 5	● New Moon	27	b
xviii	g	Hugh biſh.	piſc. 19	the 17. day a	28	c
xix			Aries. 2	quarter paſt 5.	1	d
xx	b	Wildred vir.	aries. 15	of the clocke at	2	e
xxi	c	79. Martirs	aries. 28	night.	3	f
xxii	d	Aſhwedneſd.	Taur. 10		4	g
xxiii	e	Policarp.	taur. 23		5	a
xxiiii	f		Gemi. 4		6	b
xxv	g	Junent of pa.	gemi 16	☽ Firſt quarter	7	c
xxvi	a	Meſſor mart.	gemi. 28	the 25. day neere	8	d
xxvii	b	Auguſtin ma	Canc. 10	12. of the clock	9	e
xxviii	c	Oſwald biſh	canc. 22	at noone.	10	f

Note that 60. minuts make an hower, 30. min halfe an hower, and 15. a quarter of an hower, &c.

Groſſe meates doe hurt, vſe Food that's fine;
Let blood, and take ſome Medicine.

1. day, Sun riſeth at 6. & 18. min. ſets at 5. & 42. min.
16 day, Sun riſeth at 6. & 18 min ſets at 6. & 12 min.

i	d	Dauid bish.	Leo.	5		11	g
ii	e	Chadde	leo	17		12	a
iii	f	Maurice	Vir.	0		13	b
iiii	g	Adrian	vir.	13	● Full moon the 5 day nere at 7. of the clocke in the morning.	14	c
v		Focus & En	vir.	27		15	
vi	b	Victor. & vic	Libr.	11		16	d
vii	c	Perpetue.	libr.	25		17	e
viii	d	Felix mar	Scor	9		18	f
ix	e	40. Martirs	scor.	23		19	g
x	f		Sagi.	7		20	a
xi	g	Quir'on.	sagi.	21	☽ Laſt quarter the 12. day at 5. of ☽ clocke in the morning.	21	b
xii		Gregor e bi	Capr.	5		22	c
xiii	b	Theodore	capr.	20		23	d
xiiii	c	Candi. mar.	Aqua.	4		24	e
xv	d	Longinus	aqua.	18		25	f
xvi	e	Boniface bi.	Pisces	1		26	g
xvii	f	Gertrude vi	pisces	15		27	a
xviii	g	Edward kin	pisces	28		28	b
xix		Ioſ. ma huſ	Aries	11		29	c
xx	b	Cuthert	aries	24	● New moone the 19 d. 9, a quarter after 6. of the clocke in the morning.	30	d
xxi	c	Benedictus	Taur.	6		31	e
xxii	d	Afrodoſ	taur.	18		1	f
xxiii	e	Theodore.	Gemi.	0		2	g
xxiiii	f		gemi.	12		3	a
xxv	g		gemi.	24	☾ Firſt quarter the 27. day a little after 7 of ☽ clocke in the morning	4	b
xxvi		Caſtor mar.	Canc.	6		5	c
xxvii	b	Martian	canc.	18		6	d
xxviii	c	Dorothy vir	Leo	0		7	e
xxix	d	Quintine	Leo	13		8	f
xxx	e	Quirine.	Leo	25		9	g
xxxi	f	Adelme bish	Virg.	8		10	a

Our Blood being hot, coole Hearbs now vse,
And Marches precepts not refuse.

1. day, Sun riseth at 5. & 17 min. Sets at 6. & 43. min.
16. day, Sun riseth at 4. & 0 min. Sets at 8. & 0. min.

i	g	Oldarde.	virgo.	21		11	c
ii	A	Mary Egipt.	Libra.	5		12	D
iii	b	Richard bish.	libr.	19	☽ Full moon	13	e
iiii	c	Ambrose bish.	Scor.	3	the 2. day at	14	f
v	d	Vincentius	scor.	18	7. of ♄ clocke	15	g
vi	e	Sextus bish	Sagi.	2	at night.	16	a
vii	f	Euphemia.	sagi.	17		17	b
viii	g	Egisippus	Capr.	2		18	c
ix	A	Easter day.	capr.	16		19	D
x	b	Solin Tantus	Aqua.	1	☽ Last quar-	20	e
xi	c	Julius bish.	aqua.	14	ter the 10. day	21	f
xii	d	Oswald	aquar.	28	a little after	22	g
xiii	e	Zenon bish.	Pisce.	11	10. of the clock	23	a
xiiii	f	Olysse.	pisces.	24	before noone.	24	b
xv	g	Leonard.	Aries.	7		25	c
xvi	A	Isidore	aries.	20		26	D
xvii	b	Anicete bish.	Taur.	3	☉ New moon	27	e
xviii	c	Eleuthery bi.	taur.	15	the 17. day	28	f
xix	d	Alphege mar.	taur.	27	at 8. of the	29	g
xx	e	Victor bish.	Geml.	9	clock at night.	30	a
xxi	f	Simeon.	gemi.	21		1	b
xxii	g	Mother v'r.	Canc.	3		2	c
xxiii	A	S. George.	canc.	15	☾ First quar-	3	D
xxiiii	b	Wilfride.	can.	27	ter the 25.	4	e
xxv	c	Marke Euan	Leo.	9	day halfe an	5	f
xxvi	d	Terme begin:	leo.	21	hower after 11	6	g
xxvii	e	Anastatius	Virg.	3	of the clocke at	7	a
xxviii	f	Vitalis mar	virg.	16	night.	8	b
xxix	g	Peter of mil	virg.	29		9	c
xxx	A	Dep. of Eth.	Libr.	13		10	D

Put Sage in drinke, drinke Wormewood wine,
Vse Physickes helpe, and Rise betime.

1. day, Sunn riseth at 4. & 4. min. Sets at 7. & 30. min.
16. day, Sunn riseth at 4. & 0. min. Sets at 8. & 0. min.

i	b	Philip & Jac	libr. 27		11	e
ii	c	Athanasius	Scor. 12	● Full	12	f
iii	d	Inven. cruci.	scor. 27	moone the 3.	13	g
iiii	e	Christopher	Sagi. 12	day halfe an	14	a
v	f	Goddard bish	sagi. 27	houre after 4.	15	b
vi	g	John port lat	Capr. 12	of the clock in	16	c
vii	a	John Beuer	capr. 26	the morning.	17	d
viii	b	Ap S. Mich	Aqua. 11		18	e
ix	c	Trans Mich	aqua. 25		19	f
x	d	Gordi & Ep	Pisces 8	☽ Last quar-	20	g
xi	e	Anthonie.	pisces 21	ter the 9. day	21	a
xii	f	Sol in Gemi	Aries. 4	a quarter be-	22	b
xiii	g	Tonisace.	aries. 17	fore 6. of the	23	c
xiiii	a	Rogation in.	aries. 29	clock at night	24	d
xv	b	Brandon bi	Taur 12		25	e
xvi	c	Trans. Ber	taur. 24		26	f
xvii	d	Dialtorid.	Gemi. 6	● New	27	g
xviii	e	Ascension da	gemi. 18	moone the 17	28	a
xix	f	Dunstan.	Canc. 0	day neere 11	29	b
xx	g	Helen quee.	canc. 12	of the clocke	30	c
xxi	a	Julian king.	canc. 23	at noone.	31	d
xxii	b	Germa epis.	Leo. 5		1	e
xxiii	c	Trans of Fr.	leo. 17		2	f
xxiiii	d	Adelme bish.	Virg. 29		3	g
xxv	e	Argi. fire	virg. 12	☾ First quar-	4	a
xxvi	f	Bede priest.	virg. 25	ter the 25.	5	b
xxvii	g	Germane	Libra 8	day a little af-	6	c
xxviii	a	Whit sunday.	libra 21	ter 2. of the	7	d
xxix	b	Nicomede	Scor. 5	clocke after	8	e
xxx	c	Petronille.	scor. 20	noone.	9	f
xxxi	d	Ember wee	Sagi. 5		10	g

Let Phisicke goe, coole Hearbs now take;
Sweet Drinkes, and Venus now forsake.

1. day, Sun riseth at 3 & 36. min. sets at 8. & 14. min.
[illegible] day, Sun riseth at 3 & 43 min. sets at 8. & 17. min

i	e	Nicham. De	[illegible] 2	● F	11	a
ii	f	Marcellus.	Capr. 5	Moone the 1	12	b
iii	g	Erasmus	capr. 20	day halfe an	13	c
iiii	[illegible]	Trinity sun.	Aqua. 5	houre before	14	[illegible]
v	b	Bonifacius.	aqua. 20	12. of ẏ clock	15	e
vi	c	Melone.	Pisces 4	at noone.	16	f
vii	d	Wolston tran.	pisce 18	☽ Last	17	g
viii	e	Corpus Christ	Aries. 1	quarter the 8	18	a
ix	f	[illegible]	aries. 15	day a quarter	19	b
x	g	Iuan. Confes	aries. 27	past 11. of	20	c
xi	[illegible]	Barnabe Ap.	Taur. 9	the clocke in	21	[illegible]
xii	b	[illegible]	taur. 21	the morning	22	e
xiii	c	Anthony.	Gemi. 3	● New	23	f
xiiii	d	Basil bishop	gemi. 15	Moone the	24	g
xv	e	Vite & Mod.	gemi. 27	16 day halfe	25	a
xvi	f	Trans. Rich	Canc. 9	an houre be-	26	b
xvii	g	Botolph.	canc. 20	fore 2. of the	27	c
xviii	[illegible]	Eruperius.	Leo. 2	clocke in the	28	[illegible]
xix	b	Nat. K. Iames	leo. 14	morning.	29	e
xx	c	Trans. Edw.	leo. 26	☾ First	30	f
xxi	d	Walbur vir.	Virgo 8	quarter the	1	g
xxii	e	Alban Mar.	virgo 21	24. day a	2	a
xxiii	f	Andry.	Libr. 3	quarter after	3	b
xxiiii	g	[illegible]	libr. 16	2. of the clock	4	c
xxv	[illegible]	Trans. of Ele.	Scor. 0	in ẏ morning	5	[illegible]
xxvi	b	John & Paul.	scor. 14	● Full	6	e
xxvii	c	Crescens.	scor. 28	Moone ẏ last	7	f
xxviii	d	[illegible]	Sag. 13	day halfe an	8	g
xxix	e	[illegible]	sagi. 28	houre after 7	9	a
xxx	f	Con. of Paul	Cap. 13	of the clocke	10	b
				at night.		

Haue Sallets coole to euery meſſe,
And bath thy ſelfe in Riuers freſh.

1. day, Sun riſeth at 3. q 46. min. ſets at 8. q 14. min.
16. day, Sun riſeth at 4. q 10. min. ſets at 7. q 40. min.

i	g	Oct. Joh Bap.	Capr. 29		11	c
ii	a	Aſſu. of Ma.	Aqua. 14		12	d
iii	b	Tranſ. of The.	aqua. 28		13	e
iiii	c	Tranſ. of Mar.	Piſce. 13	☽ Laſt	14	f
v	d	Zoe virgin.	piſces. 26	quarter the	15	g
vi	e	Oct. of Peter.	Aries. 10	7. day a quar	16	a
vii	f	Thomas tranſ.	aries. 23	ter paſt 2. of	17	b
viii	g	Depo. Grim.	Taur. 5	the clocke	18	c
ix	a	Cirll. biſhop	taur. 17	after noone.	19	d
x	b	7. Bꝛeth. Mar.	Gem 6		20	e
xi	c	Tranſ. Bened:	gemi. 12	● New	21	f
xii	d	Nabor. q Felix	gemi. 24	Moone the	22	g
xiii	e		Cancer. 5	15. day halfe	23	a
xiiii	f	Reuell.	canc. 17	an hower af	24	b
xv	g	Tra. Swithin.	canc. 29	ter 4. of the	25	c
xvi	a	Tr. Oſmond.	Leo. 11	clocke after	26	d
xvii	b	Henelme kin.	leo. 24	noone.	27	e
xviii	c	Arnolph biſh.	Virg. 6		28	f
xix	d		virg. 18	First quar	29	g
xx	e	Margaret virg	Libꝛa. 1	terꝭ 23. day	30	a
xxi	f	Praxed virgin	libꝛa. 13	3. quarters	31	b
xxii	g	Mary Magdal	libꝛa. 26	of an hower	1	c
xxiii	a	Apolline biſhop	Scoꝛ. 10	after 11. of	2	d
xxiiii	b	Chꝛiſtian.	ſcoꝛ. 23	the clocke at	3	e
xxv	c		Sagit. 7	noone.	4	f
xxvi	d	Anne mo. mar	ſagit. 22		5	g
xxvii	e	7. Sleepers.	Capr. 7	○ Full	6	a
xxviii	f	Sampſon biſh.	capꝛ. 22	Moone the	7	b
xxix	g	Felix q his fel.	Aqua. 7	30. day at 1	8	c
xxx	a	Abdon q Sen.	aqua. 22	of the clocke	9	d
xxxi	b	German biſhop	Piſc. 6	in ꝭ morning	10	e

Hie Phisicke, and Phlebotomy;
Eschue cold Baths and Venerie.

1. day, Sun riseth at 4. & 42. min. Sets at 7. & 18 min.
16. day, Sun riseth at 5. & 5. min. Sets at 6. & 55. min.

i	c	Lammas day	pisces. 29		11	f
ii	d	Steuen bish.	Aries. 5		12	g
iii	e	Inuent. Ster.	aries. 18		13	a
iiii	f	Justine prien	Taur 1		14	b
v	g	Gowries con	taur. 14	☽ Last quar-	15	c
vi	a	Trans. of C.	taur. 28	ter the 5. day	16	D
vii	b	Fest. Jesu.	Gemi. 8	at 7. of the	17	e
viii	c	Cira. & his F	gemi. 20	clock at night.	18	f
ix	d	Roman mar,	Canc. 2		19	g
x	e	Laurence ma	canc. 14		20	a
xi	f	Tibur mart.	canc. 26		21	b
xii	g	Clare virgin	Leo 8	● New	22	c
xiii	a	Solen virgo	leo. 20	moone the 14	23	D
xiiii	b	Eusebius.	Virg. 3	day 3 quar-	24	e
xv	c	Asum, of Ma.	vir. 15	ters after 6. of	25	f
xvi	d	Roth Mart.	virgo. 28	clocke in the	26	g
xvii	e	Octa. Laur.	Libra. 11	morning.	27	a
xviii	f	Agapete.	libr. 24		28	b
xix	g	Magnus ma	Scorp. 7		29	c
xx	a	Lewes bish.	scor. 20	☾ First quar-	30	D
xxi	b	Bernard ab.	Sagi. 4	ter the 21. day	31	e
xxii	c	Priuatus.	sagi. 18	2. quarters	1	f
xxiii	d	Timoth. fast	Capr. 2	after 5. of the	2	g
xxiiii	e	Bartholo. Ap.	capr. 16	clock at night.	3	a
xxv	f	Lewes king.	Aqua. 1		4	b
xxvi	g	Seuerine.	aqua. 16	○ Full moon	5	c
xxvii	a	Rufine mar.	Pisces 1	the 28. day	6	D
xxviii	b	Dog days en	pisc. 15	halfe an hower	7	e
xxix	c	Decol. John	pisc. 29	after 10. of ye	8	f
xxx	d	Felix & Auda	Aries. 13	clocke in the	9	g
xxxi	e	Cutbert virg	aries. 26	fore noone.	10	a

Now drinke Goats milke, on ripe Fruits feed;
And now thou maist Bathe, Purge, and Bleed.

1. day, Sun riseth at 5. & 42. min. Sets at 6. & 18. min.
16. day, Sun riseth at 6. & 8. min. Sets at 5. & 52 min.

i	f	Gyles Abbot.	Taur	9		11	b
ii	g	Anthony M.	taur.	21		12	c
iii	a	Ordin Greg	Gemi	4		13	D
iiii	b	Trans. of C.	gemi.	16	☾ Last quar-	14	e
v	c	Bertini	gemi	28	ter the 4. day	15	f
vi	d	Eugenius	Canc.	10	a quarter be-	16	g
vii	e	Nat. Reg. Eliz	canc	22	fore 11. of the	17	a
viii	f	Nat. of mar.	Leo	4	clock at night.	18	b
ix	g	Gorgonius.	leo	16		19	c
x	a	Silvius bish.	leo.	29		20	D
xi	b	Prot. & Jac.	Vir.	11		21	e
xii	c	Martian.	vir.	24	● New	22	f
xiii	d	Sol in Libra	Libr.	7	moone the 1[illegible]	23	g
xiiii	e	Holy crosse.	libr.	20	day halfe an	24	a
xv	f	Oct. of mary	Scor.	4	hawer after 9	[illegible]	b
xvi	g	Edith virgi	scor.	17	of the clocke	[illegible]	c
xvii	a	Lambert bi.	Sagi.	1	at night.	[illegible]	D
xviii	b	Vict. & Cor.	sagi.	14		[illegible]	e
xix	c	Januari. bish	sagi	29		[illegible]	f
xx	d	[illegible]	Capr.	13	☽ First quar-	[illegible]	g
xxi	e	Mathew Ap	capr.	22	ter the 19. day	1	a
xxii	f	Mauritius.	Aqua	12	a quarter past	2	b
xxiii	g	Tecla virgin	aqua	26	11. of the	3	c
xxiiii	a	Andoche mar	Pisce.	10	clock at night	4	D
xxv	b	Firmaine.	pisces	24		5	e
xxvi	c	Cyprian ma.	Aries	8	○ Full	6	f
xxvii	d	Cosm & dam	aries	21	moone the 26	7	g
xxviii	e	Exuperi. bish	Taur.	4	day a quarter	8	a
xxix	f	[illegible]	taur.	17	after 9. of the	9	b
xxx	g	Jerom priest	taur.	29	clock at night	10	c

Strong Wines, hote Brothes, and Spice that's good,
Preserues our health; Purge, and let Blood.

1. day, Sun riseth at 6. & 42. min. Sets at 5. & 18. min.
16. day, Sun riseth at 7. & 4. min. Sets at 8. & 18. min.

i		Remigius b.	Geni. 11		11	
ii	b	Leodagar m.	gemi. 23		12	e
iii	c	Candidi ma.	Canc. 6		13	f
iiii	d	Francis.	canc. 17	☽ Last quar-	14	g
v	e	Apolinaris	canc. 29	ter 4. day at	15	a
vi	f	Faith Virgi	Leo. 11	7. of the clock	16	b
vii	g	Marc. & Pa	leo. 23	at night.	17	c
viii		Pelagi virg	Virg. 6		18	d
ix	b		vir. 18		19	e
x	c	Gereo & vict.	Libr. 2		20	f
xi	d	Nichasius b	libr. 15		21	g
xii	e	Wilfride.	libra. 29	● New	22	a
xiii	f	Trans Edw	Scor. 13	moone the 12.	23	b
xiiii	g		scor. 27	day halfe an	24	c
xv		Wolfran.	Sagi. 11	hower after	25	d
xvi	b	Mich. mom	sagi 26	11. of the clock	26	e
xvii	c	Etheld.	Capr. 10	at noone.	27	f
xviii	d		capr. 25		28	g
xix	e	Frideswide	Aqua. 9	☽ First quar-	29	a
xx	f	Austrebert.	aqua. 21	ter 19. day	30	b
xxi	g	11. M. vir.	Pisc. 7	halfe an houre	31	c
xxii		Mary solom	pisces. 20	after 5. of the	1	d
xxiii	b	Roman Arch	Aries. 4	clocke in the	2	e
xxiiii	c	Wagloxy.	aries. 17	morning.	3	f
xxv	d	Crispin & cri	Taur. 0		4	g
xxvi	e	Ursula vir.	taur. 13	○ Full	5	a
xxvii	f	Flozen.	taur. 25	moone the 26	6	b
xxviii	g		Gem. 8	day a quarter	7	c
xxix		Narcissus.	gem. 20	after 11. of	8	d
xxx	b	Germane.	Can. 2	the clocke at	9	e
xxxi	c	Quintin.	can. 14	noone.	10	f

From Cold keepe both thy Head and Feet,
Abstaine from Wine that's new and sweet.

1. day, Sun riseth at 7. ☿ 41 min. Sets at 4. ☿ 19 min.
16. day, Sun riseth at 8. ☿ 0 min. Sets at 4. ☿ 0. min.

i	d		canc. 26		11	g
ii	e	All soules	Leo. 7		12	a
iii	f	Wenefride.	leo. 19	☽ Last quar.	13	b
iiii	g	Amantius	Virgo 2	ter the 3. day	14	c
v			virgo 14	at 2. of the	15	d
vi	b	Leonard.	virgo. 28	clocke after	16	e
vii	c	Willibrode	Libr. 10	noone.	17	f
viii	d	4 Crowned.	libr. 23		18	g
ix	e	Theodore	Scor. 7		19	a
x	f	Martin.	scor. 21	● New	20	b
xi	g	Mart. Bish.	Sagi. 6	moone the 20	21	c
xii			sagi. 20	day a quarter	22	d
xiii	b	Brice.	Capr. 5	after 11. of	23	e
xiiii	c	Erkinwald	capr. 20	the clocke at	24	f
xv	d	Macute	Aqua. 5	night.	25	g
xvi	e	Edmund ar	aqua. 19		26	a
xvii	f	☉ Hugh	Pisces. 3	☾ First quar.	27	b
xviii	g		pisces. 17	ter the 17. day	28	c
xix		Elizabeth m	Aries. 1	at 11. of the	29	d
xx	b	Edmund K.	aries. 14	clocke after	30	e
xxi	c	Pref. Mart.	aries 27	noone.	1	f
xxii	d	Cicely vir.	Taur. 10		2	g
xxiii	e	Clement	taur. 22		3	a
xxiiii	f	Grisogoni.	Gemi. 4		4	b
xxv	g	Katherine.	gemi. 17	○ Full	5	c
xxvi	a	Linus bish.	gemi. 29	moone the 25	6	d
xxvii	b	Agricola	Canc. 10	day at 4. of	7	e
xxviii	c	Rufus mart.	canc. 22	the clocke in	8	f
xxix	d	Saturn	Leo 4	the morning.	9	g
xxx	e		leo 16		10	a

Vse Meats that's warme, hote Spice, and Wine,
Feast moderately this Christmas time.

1. day, Sun riseth at 8. ☌ 16. min. Sets at 3. ☌ 46. min.
16 day. Sun riseth at 8. ☌ 18. min. Sets at 3 ☌ 42. min.

i	f	Eligius bish	Leo.	28		11	d
ii	g	Lebanus	Virgo.	10		12	e
iii	A	Adventsund.	virg.	22	☽ Last quar.	13	D
iiii	b	Barbara vir.	Libr.	5	ter the 3. day	14	e
v	c	Sabbas abb.	libr	18	at 9. of the	15	f
vi	d	Nicholas b	Scor.	1	clocke in the	16	g
vii	e	Ver Anne	scor.	15	morning.	17	a
viii	f	Conc. of Mar	scor.	29		18	b
ix	g	Eppi. abbat	Sagi	14		19	c
x	A	Eulalia virg	sagi	29	● New	20	D
xi	b	Damasi epis	Cap.	14	moone the 10.	21	e
xii	c	Solis Capri	Aqua.	29	day 3. quar-	22	f
xiii	d	Lucie virgin	Aqua	14	ters past 10.	23	g
xiiii	e	Dholie vir.	aqua,	29	of the clock in	24	a
xv	f	Valeri bish	Pisce	13	the morning.	25	b
xvi	g	O sapientia	pisces	27		26	c
xvii	A	Lazarus bish	Aries	11		27	d
xviii	b	Gracian bi	aries	24	☾ First quar.	28	e
xix	c	Meneti. mar.	Taur.	7	ter the 17. day	29	f
xx	d	Ember week	taur.	19	at 1. of the	30	g
xxi	e	☞ Thom Ap.	Gem.	1	clocke in the	31	a
xxii	f	xxx. Martir	gemi.	14	morning.	1	b
xxiii	g	Nicene virg.	gemi.	26		2	c
xxiiii	A	Caud. [illegible]	Canc.	8	● Full	3	D
xxv	b	Christmas	canc.	19	moone the 24	4	e
xxvi	c	☞ Stephan	Leo	1	day a quarter	5	f
xxvii	d	S. John.	leo	13	past 10. of the	6	g
xxviii	e	Innocents.	leo	25	clock at night.	7	a
xxix	f	Tho. Becket	Vir.	7		8	b
xxx	g	Transl. of Ja	virg.	19		9	c
xxxi	A	Silvester bi.	virg.	1		10	D

White. 1615.

A Prognostication, for this yeere of our Lord God.

1615.

Being the third from Leape yeare.

Wherein is conteyned the estate of the whole Yeere, the disposition of each Quarter, and the inclination of the weather for every Quarter of the Moone throughout the whole yeere.

Together with the rising and setting of the Planets, and the good and euill dayes for each Moneth of the yeere: with Husbandry aduertisements, and other thinges fitte to be knowne, both pleasant and profitable.

By Iohn White, welwiller to the Mathematickes.

Imprinted at London for the Company of Stationers, 1615.

A Declaration of the Disposition of the foure Quarters of this yeare. 1615.

And first of Winter.

Sol in *Capricorne*, *Aquarius*, *Pisces*.

THE Winter quarter vsually beginneth at that time when as the Sunne entereth into the first minute of Capricorne, (which is on the twelfth day of December) and doth continue whilst the Sunne passeth through these three Winterly Signes, Capricorne, Aquarius, and Pisces: which Quarter doth end on the tenth day of March.

The nature of this Quarter, is cold, and moysture: and is of the flegmaticke complection: which element hath predomination from three of the clocke in the after noone till nine of the clocke at night. Now are the dayes short, and the nights long. Windes are turbulent, and Flouds are great: the pearces of the earth are now shut vp by the extreame coldnesse of the ayre, and the most part of all liuing creatures are more feeble now, then in any other Quarter: And such thinges as the comfortable Sommer preserueth and nourisheth, the vnnaturall Winter vtterly destroyeth: Therefore it is fitte that we should vse such Meates as are

warme and dry: the chearefull vertues of the body are now weakned by the coldnes of the ayre, and naturall heate is driuen into the inward partes of the body, to comfort the vitall spirites, and to helpe digestion: Wee must expell the coldnesse of the ayre, by warme Drinkes and strong Wines: bee carefull to keepe thy head and feete from cold and wett. In this Season, wee may feed on more grosse and strong Meates, then in any other season

The Sicknesses like to afflict our bodyes this Quarter, are Palsies, Toothach, Crampes, Poses, Rhewmes. Pluresies, Cathars, and quotidian Agues, and the like diseases.

Of the Second part of the Yeare, called the Spring.

Sol in *Aries*, *Taurus*, *Gemini*.

The Spring doth take his beginning when the Sunne entreth into the first minute of Aries, (which is on the tenth day of March) and it doth continue whilst the Sunne passeth through these three vernall Signes Aries, Taurus, and Gemini: which Quarter doth end on the. xiii. day of June.

The nature of this Quarter is heate and moysture, and is of the Sanguine complextion: which Element hath gouernment from nine of the clocke at night, till three of the clocke in the morning. Now are the dayes of an equall length with the nights, and it is the most pleasantest Quarter in the yeare, being a very temperate season, and the most holsom-

holsommeſt time in the yeare both to keepe the body in health, and to driue away Diſeaſes gotten before: All liuing Creatures recouer their former loſt ſtrength: The poares of the Earth being cloſed & concealed with cold, are now looſened and opened. Beaſtes &, Birdes doe couple, and Flowers and Herbes doe budde, and the pleaſant Fieldes waxeth greene: We may drinke more freelier now, then in Winter, but eate the leſſer quantitie. Now vſe ſuch thinges whoſe operation is cold and dry. It is now a fit time to Purge, Sweat, Bath, and Bleed.

The Diſeaſes incident to afflict vs this Quarter, are Scabbes, Small Pockes, Head-ach, Meaſels, Leproſies, Phrenſies, Kings-euill, and ſuch like.

Of the third part of the yeare, called Sommer.

Sol in Cancer *Leo.* *Virgo.*

THe Sommer Quarter beginneth when the Sunne entreth into the firſt minut of Cancer, which is on the xxii. day of Iune: and it doth continue whilſt the Sunne maketh his progreſſe through theſe three Celeſtiall Signes, Cancer, Leo, and Virgo: and this Quarter doth end on the xxii. day of September.

This Quarter is by nature hotte and dry, and is of the Cholericke compiection: which Element is predominant from three of the clocke in the morning, till nine of the clocke. Now are the Windes ſtill and the Seas calme, and heate is at the higheſt: Now Flowers are moſt pleaſanteſt, and Fruites moſt delicateſt, and Serpents come forth of their

Holes and Dennes: and now the paineſull Husbandman reapes some profite for his former labours: Now the paineſull Bees gathereth their hony, for their future sustenance: And now Good-husbands learne of the Bee and Ant, to prouide against the stormie and hard Winter: and now is naturall heat diſpearſed into all the outward partes of the body, and Man is not so hotte within, as in Winter; and his digeſtion is more feeble and weake: Now a man may drinke more then in any other Quarter, so it be small and coole; and litle store of Meate doth best suſſice nature, and such as is boyled, is the moſt holsomeſt: now vſe such thinges whoſe nature is cold and moyſt.

The Diſeales whereunto our bodyes are subiect this Quarter, are Frenſies, burning Feuers, Peſtilence, Calenturaes, Jaundis, griefe of the Eares, and such like.

Of the fourth part of the yeare, called *Autumne*, or *Harueſt*.

Sol in *Libra*, *Scorpio*, *Sagittari*.

AVtumne, or Harueſt, (vſually called, The Fall of the Leaſe) doth begin at that time when as the Sunne entreth into the firſt degree of Libra, (making the dayes againe of an equall length with the nights) which is on the xiii. day of September: & doth continue whilſt the Sunne runneth through these three Autumnall Signes, Libra, Scorpio, and Sagittari: which Quarter doth end on the xii. day of

of December.

This Quarter is by nature cold & dry, and is of the Melancholy complection, which Element doth rule from nine of the clocke in the morning, till three of the clocke in the after noone. Now is the Corne reaped, the Leaues fall, and the face of the Earth loseth her pleasant beauty: Springes are now at the lowest, & Flouds are at the highest: Beastes seeke themselues shelter against the stormie ensuing Winter, and Serpentes betake them to their Caues, for now the sodaine cold effecbleth and destroyeth those thinges which the chearefull Spring and Summer cherished and brought forth. This Quarter is the most vnholsomest Quarter in all the yeare, and is more subiect to Diseases and Sicknesses, then any other Quarter: therefore beware of the morning and euening cold.

The Sicknesses like to afflict our mortall bodyes this Quarter, are Melancholie Emerods, Flure of blood Fistulaes, Timpanies, the Stone, stopping of Vrine, griefes of the Backe, Spleene, Blindnesse, strange & diuers Agues, with others: From which, let vs pray to the Almightie God, to keepe, defend, and preserue vs, both now and for euer. Amen.

Of the Eclipses this yeere. 1165.

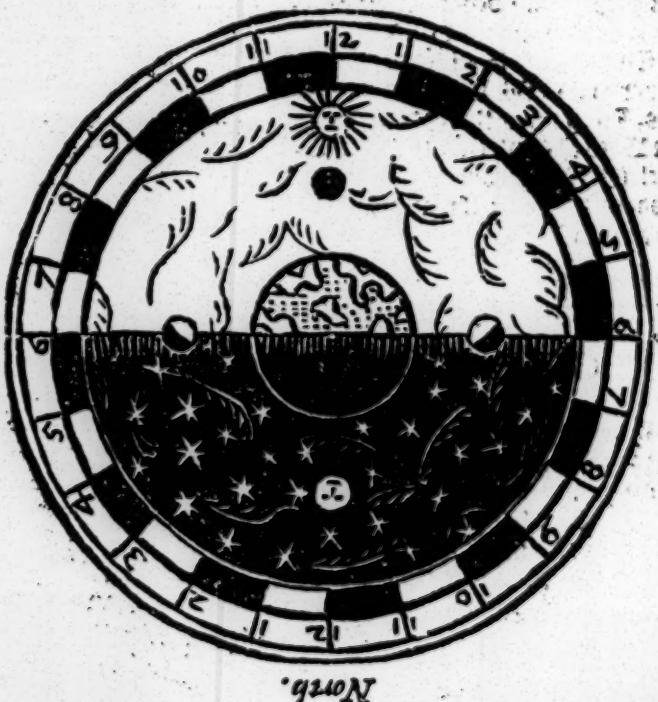
There will be but two Eclipses this yeare, and both of the Sunne: but none to be seene by vs the Inhabitants of Great Brittaine.

The first happeneth the xix. day of March at vi. of the clocke and xx. minutes in the morning.

The second, is on the xii. day of September, at ix. of the clocke, and xxviii. minutes at night.

The explanation of the Day and Night, with the *Aspects of the Moone to the Sunne; shewing the* reason of her Increase & Decrease with the Sunne *in the Meridian, the true Horizon, and Twilight,* with the howers of the day and night, and the foure Cardinall Winds. &c.

The Sunne doth cast a generall eye continually on the one halfe of the Earth, making both day and night as he passeth, in twentie and foure howers; for halfe the Earth is continually enlightned with his presence as he commeth, the other halfe continually darkned by his absence as he goeth, as in this figure appeareth.



This

This Figure also explaneth the Aspectes of the Moone to the Sunne very perfitly; as for exampl: The round Circle under the Sunne, signifieth the Moone, (for so is she placed when we say there is a new Moone) shee having no light of her selfe, (nor none of the Starres) but what they receive from the Sunne, we cannot then see her by reason her darke side is towards us, as appeareth.

The first Quarter, is when she is a iust fourth part of y heauens from the Sunne, she being then on the East side of him, & then we may behold her light encrease: Shee still going forwards till shee commeth to the full, and then we see her wholly enlightned (as is explaned in the figure) at that time, she is iust opposite to him, rising at his setting, and setting at his rysing. Then she commeth to the last Quarter, which is as the first, a iust fourth part of the Heauens from him: but that side which was light at her encrease, is now darke at her decrease: and so shee returneth againe to the Sunne; finishing her course in xxvii. dayes, viii. howers, and xlii. minutes. &c. And note, that the Moone is nearer to the Earth, then the Sunne is, by farre.

Note also, that the Heauens is all full of Starres as well by day as night: but they appeare not in the day, by reason of the splendant beautie of the Sunne.

The

The rising and setting of the Planets, with the disposition of the Weather for euery Quarter of the Moone: togeather with the good and euill dayes, throughout the whole yeare.

Of Ianuarie.

♄ Saturne is neere the South at Sunne rising.
♃ Iupiter is Southwest at Sunne set.
♂ Mars riseth a little after the Sunne setteth.
♀ Venus setteth with the Sunne.
☿ Mercury glimmereth in the West at Sunne set.

Full Moone of Thursday, the v. day, at xi. of the clocke at night: pleasant dayes.

Last Quarter on Thursday the xii. day, three Quarters of an hower past one of the clocke after noone: cold raw showers.

New Moone on Thursday the xix. day, a quarter of an houre past v. of the clocke in the morning: fayre, but windy.

First Quarter on Thursday the xxvi. day, three quarters of an hower past two of the clocke after noone: hard frostes.

The { Good dayes, iiii. viii. ix. xiii. xvii. xxi xxii. xxvi. } The rest indifferent.
{ Euill dayes, iii. x. xi. xxiii. }

Of Februarie.

♄ Saturne riseth a while before the Sunne.
♃ Iupiter is full South at Sunne set.
♂ Mars is South west at Sunne rise.
♀ Venus and ☿ Mercury setteth with the Sunne.

Full Moone on Fryday the iii day, halfe an hower after iiii. of the clocke in the euening: fayre weather.

Last Quarter on Fryday the x. day, at almost x. of the clocke at night: snow or raine.

New Moone on Fryday the xvii. day, a quarter of an hower past v. of the clocke at night: store of wette weather.

First

Fyrst Quarter on Saterday the xxv. day, neere xii. of the clocke at noone: windy and wette.

The { Good daies, v ix. xii. xiiii. xvii. xviii. xxii. xxviii. / Euill dayes, vi. vii xiii. xx. xxvii. } The rest indifferent

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Of March.

♄ Saturne, ♀ Venus, and ☿ Mercury, setteth with the Sunne.
♃ Iupiter is Southeast at Sunne set.
♂ Mars is a little past the South at Sunne rising.

Full Moone on Sunday the v. day, neere vii. of the clocke in the morning: indiffrent weather.

Last Quarter on Sunday the xii. day, at v. of the clocke in the morning: fayre, with gentle blastes.

New Moone on Sunday, the xix. day, a quarter of an hower after vi of the clocke in the morning: fayre weather.

Fyrst Quarter on Monday the xxvii. day, a little after vii. of the clocke in the morning: windy and wet.

The { Good daies, iiii. ix. xiii xiiii. xvii. xxiiii. xxvii xxx. / Euill dayes, vi xii. xix. xxvi. } The rest indifferent

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Of Aprill.

♄ Saturne setteth presently after the Sunne.
♃ Iupiter shyneth gloriously in the East at Sunne setting.
♂ Mars is South at Sunne rysing.
♀ Venus, and ☿ Mercurie ryseth a little before the Sunne.

Full Moone on Monday the iii. day, at vii. of the clocke at night: high winds, with some full of moysture

Last Quarter on Monday, the x. day, a little after x. of the clocke in the foreuoone: cold blasts, and shewers.

New Moone on Monday, xvii. day, at eight of the clocke at night: some ouercasts.

First Quarter on Tewsday, the xxv. day, halfe an houre after xi of

of the clocke at night: faire for the most part.

The { Good dayes, i.n.viii.xiii.xviii.xxiiii.xxvii. } The rest
{ Euill dayes, ii. iii. ix. xvi. xxx. } indifferent.

Of May.

♄ Saturne is Southwest at Sunset.
♃ Iupiter is in the West at Sunne rysing.
♂ Mars is neere the South at Sunne rysing.
♀ Venus is our Morning starre, rysing a litle before the Sunne.
☿ Mercury peepeth in the West at Sunset.

Full Moone on Wednesday, the iii. day halfe an houre after foure of the clocke in the morning: pleasant weather.

Last Quarter on Tuesday, the ix. day, iii. quarters of an houre after v. of the clocke at night: springing dayes.

New Moone on Wednesday, the xvii. day, neere a lenen of the clocke at noone: very cloudy dayes.

First Quarter on Thursday the xxv. day, a little after two of the clocke in the after noone: reasonable faire.

The { Good dayes, ii. x. xiii. xix. xx. xxiiii. xxv. xxix. } The rest
{ Euill dayes, i vi. viii. xv. xxi. xxviii xxx. } vnkerteine.

Of Iune.

♄ Saturne is Southwest at Sunne sette.
♃ Iupiter is Southwest at Sunne rysing.
♂ Mars is Southwest at Sunne rising.
♀ Venus shineth gloriously in the east before the Sunne.
☿ Mercury is vnder the Sunne.

Full Moone the first day on Thursday, halfe an houre before high noone: sultrie hot weather.

Last Quarter on Thursday the viii. day, a quarter past two of the clocke in the morning: hot, with some euercastes.

New Moone on Fryday the xvi. day, halfe an hower before two of the clocke in the morning: Windy and wette.

First Quarter on Saterday the xxiii. day, at a quarter after two of the clocke in the morning: very pleasant dayes.

Full Moone on Fryday the xxx. day, halfe an houre after vii. of the clocke

clocke at night: fayre weather.

The { Good dayes ii. vi vii. xvi. xviii. xxi. xxiii. xxvi. / Euill dayes, iii. v. xvii. xviiii. xxvii. } The reſt indifferent.

Of Iuly.

♄ Saturne is full South at Sunne ſetting.
♃ Iupiter is a litle paſt the South at Sunne ryſing.
♂ Mars, ♀ Venus, and ☿ Mercury, ſhineth in the Eaſt before Sunne ryſing.

LAſt Quarter on Fryday the vii. day, a quarter paſt two of the clocke in the after noone: braue haying weather.
New Moone on Saterday the xv. day, halfe an houer after iiii. of the clocke after noone: ſome cooling ſhowers.
Firſt Quarter on Sunday the xviii. day, three quarters of an houer after vi. of the clocke at noone: mindy and wet.
Full Moone on Sunday the xxx. day, at one of the clocke in the morning: hot and mouldy weather.

The { Good daies, vii. xiii. xviii. xxiii. xxiiii. xxvii. xxxi / Euill dayes, vi. xiiii. xxii. xxvi. xxviii. } The reſt indifferent

Of Auguſt.

♄ Saturne is creeping toward the South at Sunne ſetting.
♃ Iupiter is neere the South at Sunne ryſing.
♂ Mars, and ♀ Venus, are neere togeather Southeaſt at Sunne ryſing.
☿ Mercury ryſeth a litle before the Sunne.

Laſt Quarter on Saterday the v. day, at vii. of the clocke at night: indifferent for the ſeaſon.
New Moone on Monday the viii. day, a quarter of an houer before vii of the clocke in the morning: fayre ſunſhine dayes.
Firſt Quarter on Monday the xvi. day, three quarters after v. of the clocke at night: fayre Harueſt dayes.
Full Moone on Monday the xxiii. day, halfe an houer after x. of the clocke before noone: ſome ſodaine ſhowers.

The { Good dayes, vi. x. xii. xv. xvii. xix. xxiii. / Euill dayes, i. ix. xi. xvii. xxiii. xxx. } The reſt indifferent.

Of

Of September.

♄ Saturne is in the East at Sunne setting.
♃ Iupiter, and ♀ Venus, are neere together Southeast at Sunne rysing.
♂ Mars riseth awhile before the Sunne.
☿ Mercury is vnder the Sunne beames.

LAst Quarter on Monday the iiii. day, a quarter of an howre before vi. of the clocke at night: great windes.
New Moone on Tewesday the xii. day, halfe an howre after ix. of the clocke at night: raw cold weather.
First Quarter on Tewesday the xix. day, a quarter past vi. of the clocke at night: cleare Sunshine dayes.
Full Moone on Tewesday the xxvi. day, a quarter after ix. of the clocke at night: cleare skies.

The { Good dayes, v. vi. xvi. xvi. / Euill dayes, vii xiiii. xxi xxviii. } The rest indifferent.

Of October.

♄ Saturne riseth when the Sunne setteth.
♃ Iupiter, and ♂ Mars, are neere together in the East before the Sunne.
♀ Venus shineth gloriously toward the East before Sun rise.
☿ Mercury is combust, or vnder the Sunne beames.

Last Quarter on Wednesday the iiii. day, at vii. of the clocke at night: wette weather.
New Moone on Thursday the xii. day, halfe an howre after vi. of the clocke at noone: cold blastes of Winde.
First Quarter on Thursday the xix day, halfe an howre after v. of the clocke in the morning: windy and wette.
Full Moone on Thursday the xxvi. day, a quarter after vi. of the clocke at noone: cold raw weather.

The { Good dayes, v. vi. xiii. xv. xix. xxii. / Euill dayes, vi. xi. xvii. xx. xxvii. xxxi. } The rest indifferent.

Of

Of Nouember.

♄ Saturne is neere the Weſt at Sunne riſing.
♃ Iupiter is vnder the Sunne beames.
♂ Mars, ☿ Venus, and ☿ Mercury, riſeth a little before ☉ Sunne.
Laſt Quarter on Fryday the iii. day, at two of the clocke in the after noone very fayre weather.
New Moone on Fryday the x. day, a quarter after vi. of the clocke at night: ſtore of raine.
Firſt Quarter on Fryday the xvii. day, at two of the clocke after noone: ſtore of wette falleth.
Full Moone on Saterday the xxv. day, at iiii. of the clocke in the morning: turbulent windes.
The { Good dayes, i. iii. vi. viii. x. xii. xv. xvi. xix. xxiii. } The reſt { Euill dayes, iiii. vii. xiiii. xvii. xxv. xxvii. } indifferent

Of December.

♄ Saturne is paſt the South at Sunne riſing.
♃ Iupiter ſetteth a litle after the Sunne.
♂ Mars and ☿ Mercury are vnder the Sunne beames.
☿ Venus riſeth a little before the Sunne.
Laſt Quarter on Sunday the iii. day, at ix. of the clocke in the morning: colde with ſome fall of moyſture.
New Moone on Sunday the x. day, three quarters paſt x. of the clocke in the forenoone: ſome froſtes.
Firſt Quarter on Sunday the xvii. day, at one of the clocke in the morning: ſnow, or raine.
Ful Moone on Sunday the xviii day, a quarter paſt x. of the clocke at night: a wet Chriſtmas.
The { Good dayes, iii. viii. ix. xii. xiii. xvii. xxvii. } The reſt in- { Euill dayes, iii. v. xi. xvi. xviii. xxv. } differene.

How

How to iudge what Weather will follow, by the rysing and setting of the Sunne.

THe Sunne rising bright and cleare, signifieth a pleasant day: If he rise fiery redde, it promiseth raine: If in his rising he be thinly ouercast with a Cloude, it betokeneth foule weather: If the Sunne driue the Clouds before him into the West, it signifieth faire weather: If at his rising there appeare a Circle about him, and vanisheth away equally, it betokeneth fayre weather. Also, if he setteth redde, it signifieth fayre weather: If at his setting he be of diuers colours, or clouded like water, it threatneth Raine. If at the rising of the Sunne, his beames seeme redde or long, or incompassed with redde Clouds, it signifieth great Windes: If at his setting there appeare a thicke myste, or if it raineth in the euening, it threatneth very foule weather to follow. Also, if the Sunne beames be spotted either greene, pale, or blacke, gathered to a cloude, it signifieth Raine. The Sunne setting cleere without any cloude, signifieth a faire night to ensue. If the circle, or circles about the Sunne be cleere, and of no continuance, looke for fayre weather: if there be many circles, it signifieth Winde; the redder they are, the more vehement windes. If the circles are heere and there broken, and are thicke and blacke, looke for Cold, Winde, or Snow: Or, if he rise behind a great blacke Cloude, Raine followeth.

How Weather is foreknowne by the Moone.

IF the Moone in the third day of her change, or three daies before her full, or in the middest of the quarter, be found of pure light, nothing compassing her, the endes direct vp, shee promiseth fayre weather: but bent to red colour, betokeneth Windes. The Moone pale, or somewhat blacke, or thicke, threatneth Raine. When the Moone is fiue daies old, marke the tippes of her hornes, if they be blunt, it signifieth Raine: if sharpe pointed and pricking vpwards, great Windes. If in the fourth day after her change there haue redde circle about her, it signifieth Windes and Raine.

Of

Of the Iudgement of the Weather by the Starres.

IF the Starres appeare of much light, and seeme to be of more bignesse & blazing then ordinary, it betokeneth great Windes and Moysture, in that part where they seeme so: and in Winter, great Frosts. When diuers Starres appeare with long fiery tayles, it threatneth Winds, and great Drought: the more in number, the greater will be the effect. Also, when Starres seeme to shoot or fall, it signifieth great Windes in that place: If they seeme to shoot in diuers places, it signifieth diuers Windes: If in all places, Winds, Thunder, Lightnings, and most tempestious weather.

A short Instruction, and very necessarie to know *the times and seasons when to Sow, and replant* all maner of Seedes for the Garden.

SOw Cabbages in Febr uarie, March, or Aprill, in the Wane of the Moone: and replant them in the Decrease.

Sow Cabbage-Lettuce in Februarie, March, or July, in the old of the Moone.

Sow Onions and Leekes, in February or March, at the Wane of the Moone.

Sow Beets in February or March, at a full Moone.

Sow Colewoorts white & greene, in the middle of August or September: Plant the young ones in October, and sett them againe in November.

Sow Parsneps in Februarie, Aprill, or June, in a fayre Day.

Sow Radish in February, Aprill, or June, in the increase of the Moone.

Sow Dunyons, Cowcumbers, Pillons, and Gourdes, in February, March, or June, in a hotte and fayre day.

Sow Spinage in February, or March, in the old of the Moone.

Sow Parsly, Fennell, and Anus-seed, in February or March, at the Full of the Moone.

Sow white Cicory in February, March, July, or August, in a full Moone.

Sow Cardus-benedictus in February, March, or May, when the Moone is old.

Sow Basyll in March, in an old Moone.

Sow Purslaine in Februarie, or March, in the increase of the Moone.

Sow Margeram, Violets, Time, Flower-gentle, Rosemary, & Lauender, in Februarie, March, or Aprill, in the increase of the Moone.

Sow Garden-cresses, and Rocket, in Februarie, at the increase of the Moone.

Sow Dauell in Februarie or March, at a new Moone.

Sow Saffron in March, when the Moone is old.

Sow Coriander, and Borage, in Februarie or March, in the increase of the Moone.

Sow Hartes-horne, & Samphire, in Februarie, March or Aprill, in the old of the Moone.

Sow Gilliflowers, Harts-ease, and Wal-flowers, in March or Aprill, in an old Moone.

Sow Cardons, and Artichokes, in Aprill or March, when the Moone is old.

Sow Chickweed, in Februarie or March, at ỹ full of the Moone.

Sow Burnet in Februarie or March, when the Moone is old.

Sow Hysope and Sauery in March, when the Moone is old.

Sow double Marygolds in Februarie or March, in the increase of the Moone.

Sow Lacus-coote, Sparges, and Sperage, in Februarie, in an old Moone.

Sow white Poppy, and Palma-christi, in Februarie or March, in the increase of the Moone.

Sow all maner of Corne the Moone increasing, thee being in Cancer, Libra, or Aquarius.

Set or sow all kind of Seedes the Moone in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But those Seedes whose Rootes are round, should be sowen three or foure dayes before, or after the full Moone.

Certaine, and short Rules, for the comforting of the chiefe officiall members of the body of man.

Things which are good to comfort the head.

LIgnum Aloes, Marioram, Galingale, Muske, Rosemarie, Roses, Camomell, Rew, Frankensence, Nutmegges, Hysop, Balme,

Balme, Mintes, Spike, and Gladen.

Thinges good for the Eyes.

Fenell, Celendine, Agremonie, Eyebright, Vernine, Roses, Cloues, and cold Water.

Thinges good for the Stomacke.

Nutmegges, Organum, Corall, Wormewood, Quinces, Saffron, Olibanum, Agrimony, Fumetorie, Cloues, Lingnum aloes, Coriander, Mastike, and Spodium.

Thinges good for the Heart.

Saffron, Cloues, Cinamon, Corall, Lignumaloes, Mace, Myrabolanes, Pearles, Marioram, Muske, Buglosse, Nutmegges, Bourage, Rosemary, and Setwall.

Thinges good for the Liuer.

Liuerwort, great Raisons, Wormewood, Agrimonie, Sofiron, Cloues, Endine, Saunders, Fennell, Rosewater, Violets, Plantaine, Dragons, and Lettice.

Thinges good for the Lunges.

Almondes, Dates, Raisons, Maydenhaire, Licorice, Elicompane, Lungwort, Pistaces, and Penedies.

Meates hurtfull for the Teeth.

NUttes, Meates very hotte, Warme drinke, Sweete meates and drinkes, Radish rootes, Hard meates, Bitter meates, Milke, much Vomiting, Leekes, Fatte of Fish, Coleworts, and Lemmons.

Thinges hurtfull to the Eyes.

Garlicke, Onions, Radish. Drunkennesse, Letchery, sweete and thicke Wines, Salt meates, Coleworts, all Palse, Must, Winde, Dust, Smoake, Fire, and reading presently after supper.

A Catologue of all the Shires, Cities, Bishoprickes, Market-Townes, Castles, Parishes, Riuers, Bridges, Chases, Forrests, and Parkes, conteyned in euery particuler Shire in the Kingdome of England.

Shires.	Cities.	Bishoprickes.	Market-townes.	Castles.	Parishes.	Riuers.	Bridges.	Chases.	Forests.	Parkes.
Anglesey.	0	0	3	0	33	8	2	0	0	0
Barke shire.	0	0	11	2	140	3	7	0	0	13
Bedford shire.	0	0	10	0	116	1	6	0	0	12
Buckinghamshir.	0	0	11	0	185	2	14	0	0	15
Brecknoc shire.	0	0	3	4	70	27	13	0	0	2
Cambridge shire.	0	1	6	0	163	1	7	0	0	5
Cheshire.	1	1	9	3	68	9	19	0	2	18
Cornwall.	0	0	23	6	161	7	31	0	0	9
Cumberland.	1	1	8	15	58	20	33	0	3	8
Cardigan shire.	0	0	4	0	77	26	9	0	4	0
Carmarthin shire	0	0	6	4	81	20	16	0	4	2
Carnarvon.	0	0	5	3	73	17	6	0	0	0
Darby shire.	0	0	8	4	106	13	21	0	1	34
Deuon shire.	1	1	40	3	394	23	106	0	0	23
Dorcet shire.	0	0	18	6	248	4	29	1	2	12
Durham.	1	1	5	4	62	11	20	0	0	11
Denbigh shire.	0	0	3	3	53	24	6	0	0	6
Essex.	1	0	21	1	415	7	28	0	1	46
Flint shire.	0	1	2	4	24	4	2	0	0	2
Glocester shire.	1	1	20	1	280	12	22	1	2	19
Glamorgan shire	0	1	7	12	151	16	6	0	0	5
Hamp shire.	1	1	18	5	248	4	31	0	9	22
Hartford shire.	0	0	18	0	120	1	24	0	0	23
Hereford shire.	1	1	8	7	176	13	11	1	2	8
Huntington shir.	0	0	5	0	78	1	5	0	0	7
Kent.	2	2	17	8	398	6	14	0	0	23

Shires.	C.	Bvsh.	M.T.	C.	Parr.	R.	Br.	Ch.	For.	Park.
Lancashire.	0	0	8	6	56	13	24	0	1	30
Leceſter ſhire.	0	0	11	2	200	1	10	0	2	13
Lincolne ſhire.	1	1	26	2	630	9	15	0	0	13
Merionidth ſhire	0	0	3	2	34	26	7	0	0	0
Midleſex.	2	2	3	0	73	1	3	1	0	4
Montgomery ſhi	0	0	6	3	42	28	6	0	0	0
Monmouth ſhire	0	0	6	7	142	15	14	1	0	8
Northamton ſhi.	1	1	11	2	326	5	24	0	3	23
Nottingham ſhi.	0	0	11	0	168	5	17	0	1	18
Northumberland	0	0	11	12	40	21	16	0	1	8
Norfolke.	1	1	26	0	625	3	15	0	0	0
Oxford ſhire.	1	1	10	0	208	3	26	0	4	9
Penbroke ſhire	0	1	6	5	142	6	7	0	2	3
Radnor ſhire.	0	0	4	5	43	13	5	0	3	0
Rutland.	0	0	2	0	47	0	1	0	0	4
Shrop ſhire.	0	0	13	13	170	18	13	0	7	17
Semerſet ſhire.	3	2	29	1	385	9	45	0	2	8
Stafford ſhire.	1	0	22	5	130	13	19	1	1	38
Suffolke.	0	0	28	1	464	2	32	0	0	27
Suſſex.	1	1	18	1	312	2	10	0	4	33
Surrie.	0	0	6	0	140	1	7	0	4	17
Warwicke ſhire.	1	1	12	1	158	7	21	1	1	16
Weſtmoreland.	0	0	4	6	26	8	15	0	2	19
Wilt ſhire.	1	1	21	1	304	5	31	2	9	29
Worceſter ſhire.	1	1	7	3	152	5	13	1	2	16
Yorke ſhire.	1	1	46	14	563	36	26	4	8	27

A short Table of Measuration.

A Fingers breadth,	is	Foure Barly cornes in thickenes.
An Inch,		Three Barly cornes in length.
A Handes breadth,		Foure Fingers.
A Spanne,		Three Handes breadth.
A Foote,		Foure Handes breadth.
A Geometriall Pase,		Fiue Foote.
An English Pearch,		Sixteene Foote $\frac{1}{2}$
A Furlong,		A hundred & twentie fiue Pases, or fire hundred twenty fiue foote.
An English Furlong,		Fire hundred and threescore Foote, or a hundred thirty two Pases.
A League,		A Thousand and fiue hundred Pases.
An Italian Mile,		A Thousand Pases, or eight Furlonges.
A cõmon Germane mile,		Thirtie two Furlonges.
An English Mile,		Eight Furlonges.
An Acre,		Fourty Pearches in length, and foure in breadth.

The Characters of the seuen Planets.

Saturne ♄.

Iupiter ♃.

Mars ♂.

Sol

Sol ☉.

Venus ♀.

Mercury ☿.

Luna ☽.

The xij. Signes: who are more at large figured in the foure yearely Quarters before.

♈. Aries, ♉. Taurus, ♊. Gemini, ♋. Cancer, ♌. Leo, ♍. Virgo, ♎. Libra, ♏. Scorpio, ♐. Sagittari, ♑. Capricorne, ♒. Aquarius, ♓. Pisces.

Figures of Arethmaticke.

1. 2. 3. 4. 5. 6. 7 8. 9. 10.
One, Two, Three, Foure, Fiue, Sixe, Seuen, Eight, Nine, Ten,

11. 12. 13. 14. 15. 16.
Eleuen, Twelue, Thirteene, Fourteene, Fifteene, Sixteene,

17. 18. 19. 20.
Seuenteene, Eighteene, Nineteene, Twentie. &c.

FINIS.